





Moderated By:

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2020 Mom



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Maternal Mental Health Now



California Maternal Mental Health Policy Kelly O'Connot

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Maternal Mental Health NOW (formerly the Los Angeles County Perinatal Mental Health Task Force), is a non-profit organization that works to remove barriers to the prevention, screening, and treatment of prenatal and postpartum depression in Los Angeles County.





ACR 148 established a task force on the status of maternal mental health care.

Long Control of the c

A rally on the Capitol's steps secured authors for all 3 bills

"CALIFORNIA JUST SIGNED
ONE OF THE WORLD'S MOST
COMPREHENSIVE
MATERNAL MENTAL HEALTH
BILL PACKAGES INTO LAW."

-Joy BURKHARD
2020 MOM FOUNDER & DIRECTOR

CA's first maternal mental health bill package was signed into law

2019 2020

2014

2015

2016

2017

2018

California's
White Paper
On Maternal
Mental Health

CALIFORNIA
TASK FORCE ON
THE STATUS OF
MATERNAL
MENTAL

Task Force published California's Strategic Plan: A catalyst for shifting statewide systems to improve care across California and beyond



Survivors, family members & professionals provided testimony

AB 1893:

Maternal Mental Health
Federal Funding

AB 2193: Maternal Mental Health Screening AB 3032:

Maternal Mental Health Conditions Education, Early Diagnosis, and Treatment Act





CA's Maternal Mental Health Legislation

AB 1893: Maternal Mental Health Federal Funding

- Requires the state Department of Public Health to investigate and apply for federal funding opportunities including but not limited to the funding made available by the 21st Century Cures Act;
- Requires the Department to notify the legislature of its efforts by January 1, 2020;
- Effective July 20, 2018





CA's Maternal Mental Health Legislation

AB 2193: Maternal Mental Health Screening

- Requires OB/GYNs, nurse practitioners, physician assistants, nurse midwives, naturopathic doctors, and licensed midwives to screen for perinatal mood disorders; and
- Orders health insurers to develop maternal mental health programs that promote quality and cost-effectiveness
- Effective July 1, 2019





CA's Maternal Mental Health Legislation

AB 3032:

Maternal Mental Health Conditions Education, Early Diagnosis, and Treatment Act

- Requires all birthing hospitals in California to provide education and information to postpartum people and their families about maternal mental health conditions, posthospital treatment options, and community resources;
- All regular staff in labor and delivery departments (e.g. registered nurses and social workers) must receive education and information about maternal mental health disorders; and
- Hospitals must develop an additional service (to be determined by the hospital) to ensure optimal care

2020 mom.

Effective January 1, 2020





THANK YOU!



Upcoming Webinars:

- Monday Dec 2 VCU's Virginia MOMS Program (Programs in Care)
- Tuesday Dec 10 Better Postpartum, Social Media Campaign (Community Solutions)
- Tuesday Dec 17 Appalachian Perinatal Mental Health Alliance (Community Solutions)

For more Information and to register: https://www.2020mom.org/innovation-awards

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