



Certificate Training

Webinar Training Registration Closes October 1st.

PSI and 2020 Mom offer an 8-Session Webinar Course presented by top experts and trainers in the field of perinatal mental health. Join from the comfort of your own home or office, and network with other participants through the course while you complete this certificate course in maternal mental health. The course runs from October 3, 2016 – January 23, 2017. **Register [here](#) by Saturday, October 1, 2016.**



Record attendance for "Maternal Mental Health 101" Webinar

Last month, we hosted our quarterly “Maternal Mental Health 101” Webinar with a record number of people registered: 575!

If you missed this training, the next complementary training is on November 10, 2016 from 10:30am – Noon PST. You can register [here](#).



Federal Legislation

HR 3235 calls for Congress to provide states who apply, with funds to develop programs to address maternal mental health disorders like postpartum depression. A senate version of the bill was drafted and merged into the larger mental health reform bill.

We are grateful, there has been no opposition to the postpartum depression language from anyone in either party. The bill currently has 79 bipartisan cosponsors.

Learn more about the legislation and how you can support these bills, [here](#).

Suicide Memorial Wall Unveiled

September is suicide prevention awareness month. To commemorate all of the mothers who have lost their lives to prenatal mental health disorders this week the NCMMH unveiled a [Suicide Memorial Wall](#).



Emerging Issues in Maternal Mental Health

2020 Mom will hold our annual forum in Los Angeles on February 13, 2017.

Topics to be covered include:

- Hormones: the latest research on predicting women at risk for MMH disorders and treating them
- Inflammation: the latest research, the MMH link to autoimmune disorders, diet and other means for treating inflammation
- A state and federal policy update
- An Innovation in Maternal Mental Health Awards Luncheon

IN THE NEWS

2020 Mom is featured on Mom & Mind Podcast



In a recent episode of Mom and Mind, “Working Together to Help Moms,” Dr. Kat interviewed Joy Burkhard of 2020 Mom. Listen to the podcast called “Working Together to Help Moms” [here](#).

Thank you for your continued support,

Joy Burkhard & the 2020 Mom Team



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