

Up to **1 in 5** of those who are pregnant and in the postpartum period will suffer from a maternal mental health disorder like postpartum depression<sup>1</sup>

Less than **15%** receive treatment<sup>2</sup>

**Maternal depression** occurs as frequently during the pregnancy as it does during the postpartum period<sup>3,4</sup>

Up to **56%** of those living in poverty experience postpartum depression<sup>4</sup>

**Untreated** maternal mental health disorders are estimated to have an annual economic cost of **14.2 billion dollars**<sup>5</sup>

More Than **600,000** will suffer from a maternal mental health disorder in the U.S. every year<sup>1</sup>

**Gen Z** is more than twice as likely as **Boomers** to suffer from a mental health disorder<sup>6</sup>

Rates of Depression are more than **Doubled in the Black Population** due to cumulative effects of stress called "weathering"<sup>7,8</sup>