California Obstetric Provider Maternal Mental Health Legislation & Resource Overview

AB 2193: Obstetric Provider Screening and Insurance Company MMH Program Development

This becomes effective 7/1/2019 and requires:

• Obstetric providers (OB/GYNs, Midwives and family practice PCPs) to confirm a pregnant or postpartum woman has been screened at least once during the perinatal period, or to screen her. Screening must occur using a evidence based questionnaire, like the "EPDS" or "PHQ." Though not specified in the law, the intent is that these providers would also provide basic diagnosis (anxiety or depression first ruling out bipolar disorder) and develop a treatment plan with the mother's input, or provide mothers with a list of evidence based treatment options.

• Health Insurers to develop a Maternal Mental Health Program. The law is not prescriptive but the intent is for such a program to assist screening providers and mothers in receiving timely and competent treatment.

These resources are current as of 1/2019. Additional resources are pending from ACOE/ABOG. Review 2020Mom.org/materials to determine if this resource has been updated.

Postpartum Support International (PSI) Postpartum.net	Online Frontline Provider Training In person or two 2 hour webinars $250 CMEs available	PSI Warmline, for vetted local treatment providers **1-800-944-4773** #1 En Espanol or #2 English Or Text: 503-894-9453	Complimentary reproductive psychiatry consultation appointments for doctors and nurse practitioners (Not patients)
2020 Mom 2020Mom.org/materials	Menu of evidence based treatment options	Mother's support assessment tool	Overview of validated MMH disorder screening tools
Maternal Mental Health Now MaternalMental HealthNow.org	**Self-paced web-based training:** "Bringing Light to Motherhood" 12 hours. 12 CMEs, 8 CEUs available $495 Segments 01, 02, 03 meet legislative requirements $70.75 each No CEUs Offered in SCORM format for upload to institution training systems	Toolkit: including screening tools	Case-consultation training sessions