

2020mom™

CA Maternal Mental Health Laws & Provider + Hospital Resources Webinar

June 24, 2019



2020mom™

Closing Gaps in Maternal Mental Health Care in the
U.S. Health Delivery System

www.2020Mom.org



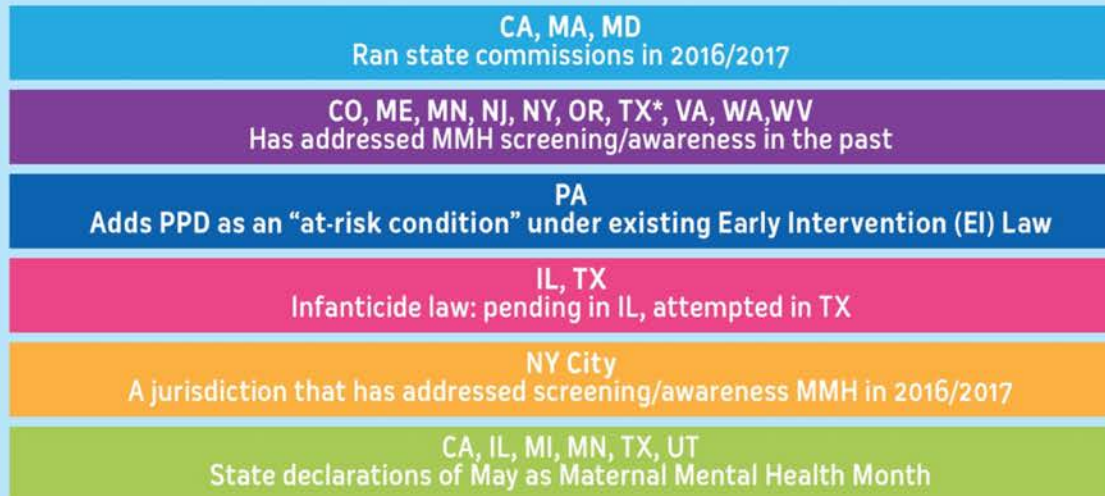
MATERNAL MENTAL HEALTH NOW

supporting the well-being of growing families

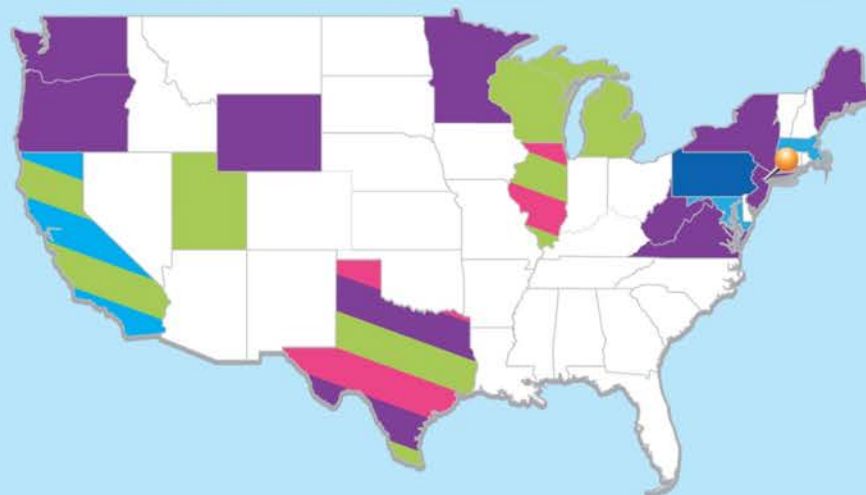
In Los Angeles County

www.MaternalMentalHealthNow.org

States Addressing MMH



*Reimbursement to pediatricians for children w/ Medicaid or CHIP



Federal Legislation: Grants to States

-Began in 2016

-NCMMH/2020 Mom Sponsoring organization for:

The Bringing Postpartum Depression Out of the Shadows Act
(HR 3235/S 2311) “The MMH Act”

Provides grants to at least 5 states for innovative solutions, like
psychiatry access lines.

Passed in Nov. 2017 as part of

[H.R. 34, the 21st Century Cures Act](#)





Formed via
Assembly Concurrent
Resolution (ACR) 105 (2014),
requiring a
report be issued back to the
Legislature.

Report was issued in 2018.

Maternal Mental Health: CA's Goals and Recommendations

The Key Players

16 appointed multi-stakeholder members & additional standing contributors



Funded privately by The California Endowment & The California Health Care Foundation.



Work Products

Provider Core Competencies

Identifies the skills and knowledge various providers should have who interact with women in the perinatal period

A Continuum of Care

Summarizes the 4 critical timeframes for providers to address MMH disorders

Screening: Score “Cut Offs” and Timing Recommendations

Developed by PSI at the urging of the task force to identify score cut-off for PHQ-9 and EPDS & Timing of Screens by PCP, Ob/Gyn and Pediatrician

A “Menu” of Treatment Options

Adapted from the MCPAP for Moms Toolkit to Include Full Range of Tx Options by Severity

Detailed Recommendations for All Stakeholders

Everyone can and must do something



5 Major Barriers & Calls to Action

No Home Base for Screening, Lack of Referral Pathways, Capacity & Support
Single provider type must always be on-point to screen, clear role must be defined (Ob/Gyn)
Must address knowledge gaps, capacity & treatment shortages

Mental Health and Medical Systems Are Not Integrated
Starting with Insurance Policies;
Accessing mental health care should be no different than heart care

No Measurement of Screening Rates:
We don't address what we don't see; Need a HEDIS Measure

Women Need More MMH Education & General Support:
To reduce risk & address stigma; Public Health Departments

No Framework for Change for All Key Stakeholders:
A clear path helps all of us get from A to B; See Paper Appendix



Screening Goal, 80% by the Year 2020

2018 California Legislation Signed by the Governor

AB 1893 Dept of Public Health to Explore and Apply For Federal Funding Including Bringing Postpartum Depression out of the Shadows Act

AB 2193 Obstetric/PCP Provider Screening & Insurer Programs

-Requires obstetric providers to confirm screening has occurred or perform Screening at least once during the perinatal period.

-Requires health insurers to develop MMH programs to support women and providers.

AB 3032 Hospital Maternal Mental Health, effective 1/1/2020

Requires hospitals to train clinicians and educate women about maternal mental health disorders and local treatment options, if any.



2019 Legislation

AB 1676 Telepsychiatry Consultation for Obstetricians, PCP and Pediatricians

-This bill did not pass out of Assembly Appropriations and will be reintroduced in 2020. Focused on mothers and children. Would have expanded the capacity of those providers noted above via a telephone number(s) to consult with reproductive and child psychiatrists.

AB 845 CA Medical Board: Optional Obstetric Provider Mental Health Training

Expected to be signed into law this fall and make training available to MDs, like obstetricians.



Sponsored by:



CA Maternal Mental Health
Screening Compliance Made Easy

www.MomsWell.org

Resources:

Report from the California Task Force
on the Status of
Maternal Mental Health Care

www.2020mom.org

Bill Links, Screening Script and Resources One Pagers

<https://www.2020mom.org/2018-ca-legislation>



Q&A + Thank you!